

Courtney Allen, OD

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EDUCATION

- **SUNY College of Optometry** – New York, NY *August 2019- May 2023*
GPA: 3.956
Micro-credential: Pediatrics
 - Developed advanced skills in Pediatrics through additional academic, clinical, and professional opportunities
 - Presented in a Grand Rounds at SUNY College of Optometry on optic nerve anomalies in children***Honors and Awards:***
 - Dean’s List at SUNY College of Optometry 2020, 2021, 2022
 - Member of Beta Sigma Kappa Optometric Honor Society 2020, 2021, 2022
 - Recipient of the 2021 Harold Solan Memorial Scholarship
 - Recipient of 2022 VSP and AAOE Practice Excellence Scholarship
- **Muhlenberg College** - Allentown, PA *August 2016- May 2020*
Bachelor of Science in Biology

CLINICAL EXPERIENCE and EMPLOYMENT

- Resident- Nova Southeastern College of Optometry – Fort Lauderdale, FL *July 1, 2023-July 2024*
- Primary Care Resident with Emphasis in Pediatrics and Binocular Vision
 - Will achieve advanced clinical competency in primary eye care through precepting students and direct care with a diverse patient base
 - Will achieve increased competency in the diagnosis and management of pediatric patients and patients of all ages with binocular vision dysfunction
 - Rotations in this residency include ABI clinic, Strabismus Clinic, Myopia Control, Sports Vision, Primary Care, Pediatrics, Vision Therapy, Autism Service and shadowing external ophthalmologists including a retinal specialist and a neuro-ophthalmologist
- Intern- VA Hudson Valley - Montrose, NY *February 2023-May 2023*
- Performed comprehensive exams in a hospital-based rotation with an emphasis in anterior segment disease, glaucoma, low vision, ocular disease, and surgical co-management
 - Diagnosed and managed ocular diseases including glaucoma, diabetic eye disease, and macular degeneration
 - Utilized imaging including fundus photography, Humphrey Visual Field, and Cirrus OCT
- Intern- Eye & Sight Center - Voorhees, NJ *November-February 2022-23*
- Performed comprehensive eye exams for all ages in a private practice setting
 - Acquired and interpreted Humphrey Visual Fields and OptoVue OCTs on glaucoma patients and utilized this information to determine treatment plans

- Evaluated gas permeable and scleral lenses on patients with a history of corneal transplants and keratoconus
- Performed pre-operative cataract evaluations and assisted in the post-operative management
- Utilized technology including topography, specular microscopy, and dark adaptometry for early detection of macular degeneration

Pediatric Extern- SUNY College of Optometry - New York, NY *August 2022 - November 2022*

- Provided comprehensive eye care in a diverse population of infants and children at SUNY College of Optometry and Woodhull Hospital in Brooklyn, NY
- Completed annual examinations and managed children with Autism, non-verbal children, and children with other developmental delays
- Worked in concert with an ophthalmologist to evaluate and provide treatment plans for patients with strabismus and children with ocular disease
- Utilized Atropine, multifocal soft contact lenses, and orthokeratology to manage myopic progression

Intern- SUNY College of Optometry - New York, NY *May 2022 - August 2022*

- Provided comprehensive eye care including refractions, ocular health examinations and emergency visits
- Diagnosed and managed ocular diseases including inherited retinal diseases, diabetic eye disease, macular degeneration, and glaucoma
- Performed low vision examinations with trial frame refractions and assisted patients in utilizing devices including magnifiers and telescopes
- Evaluated and diagnosed binocular, accommodative and oculomotor disorders in adults and children and developed individualized vision therapy programs for each patient
- Managed corneal diseases including keratoconus and utilized soft contact lenses, gas permeable lenses and scleral lenses to maximize vision

PUBLICATIONS and SCHOLARSHIP

- "Autism spectrum disorder in children requires patience, flexibility"
Co-authored with Thomas A. Wong, OD, FNAP and Lindsey Boody, OD
Published in Optometry Times Journal, August Digital Edition 2023, Volume 15 Issue 8
- "Be SMART: Visual Rehabilitation in Stroke Like Migraine Attacks after Radiation Therapy
Poster in Residents Program at Academy 2023
- "Sports Vision Enhancement and Performance Training for Youth and Collegiate Athletes"
Workshop Assistant at Academy 2023

LEADERSHIP

College of Optometrists in Vision Development: Treasurer and Secretary *August 2020- May 2022*
 SUNY Volunteer Optometric Services to Humanity: Database Manager *August 2021-May 2022*
 SUNY Class Council: Class Representative *August 2020- May 2023*